

Summer Activities

Welcome to Warriors' Path State Park! We hope you will enjoy your visit! While you are with us, we invite you to take advantage of the rich natural beauty and wealth of opportunities for enjoyable recreation here at the park.



PARK PROGRAM STAFF:
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MONDAY, AUGUST 4

- 5:00 PM BIKE RIDE TO THE DUCK ISLAND** - Meet at the camper check-in station and we'll pedal on down to Duck Island! We'll have a chance to watch the ducks, and discover more about their fascinating behavior! Note that ALL riders MUST wear a bicycle helmet!
- 6:30 PM FUNGUS AMONG US** - Fungus is everywhere in nature, but how much do we really know about these amazing living things? Come visit with the molds, mildews & mushrooms among us! Meet at the main bath house.
- 8:30 PM NIGHT SENSES** - Nature is full of sights and sounds and scents! Let's open our senses to night discovery. Bring your flashlight to the main bath house to start our walk through the night.

TUESDAY, AUGUST 5

- 8:30 AM BREAKFAST WITH THE BIRDS** - Come wake up to our feathered neighbors. Meet at the main bath house to begin a stroll through bird country! (The first 12 people to come get free doughnut & juice!)
- 10:00 AM NATURE SKETCHING** - Train your eyes to notice the amazing details in nature. Create a lasting souvenir of your discoveries in the park. All it takes is a pencil and a piece of paper! Meet at the Open Air Chapel, or main bath house if it is raining.
- 11:00 AM NATIVE TREES HIKE** - Come hike under our native trees, and get to know them a bit better. Drive to the camper check-in station, and we'll carpool to the Fall Creek Loop Trail.
- 1:00 PM VALLEY OF TENNESSEE** - Enjoy a talk about the Tennessee Valley Authority. Discover new insights into how TVA has affected our land and its people. Meet at the Open Air Chapel, (main bath house if it is raining).
- 2:00 PM WALK ON THE SUNNY SIDE** - Warm summer sunshine feels great, but too much can be a "real pain!" Find out how plants and animals use the sun, and keep from being burned. Meet at the Open Air Chapel, or main bath house if it's raining
- 3:00 PM "FUZZ, PRICKLES & BUMPS"** - Let's use our sense of TOUCH to explore the forest. Meet at the main bath house for a "touch & feel" hike.
- 5:00 PM MICRO-PARKS** - Here's your chance to plan and share your own nature park. You might even get "paid" by your "customers"! Bring your best park managing skills to the Open Air Chapel, or main bath house if it is raining.



TUESDAY, CONTINUED:

- 7:00 PM** **EVENING STROLL** - Let's wake up our senses to evening in the forest. Meet at the main bath house for a short, refreshing hike.
- 9:00 PM** **NIGHT SOUNDS** - Nature is full of sounds when the sun goes down! Some seem eerie, but there's no need to be nervous. Come find out whose noise is whose. Meet at the Open Air Chapel for a short slide show of the creatures who "talk" in the night! (At the pool entrance if it is raining.)

WEDNESDAY, AUGUST 6

- 9:30 AM** **HOLSTON BLUFFS RAILROAD TOUR** - Our park is tied to history through the rails! Let's hike the old railroad grade, and hear the stories of these old railroaders' lives. Meet at the campground check-in station.
- 10:30 AM** **BIRD'S EYE VIEW** - Take a hike to the Overlook and look at our world from a different perspective. Meet at the camper check-in station.
- 11:30 AM** **BIKE RIDE TO SHIPLEY CEMETERY** - Long years before this was a park, it was the Shipley family farm. As we visit their family cemetery, and the green hills beyond, we can get a better feeling for their land and their lives. Pedal on down to the camper check-in station. Use your head - remember to wear your helmet!
- 1:00 PM** **HERBAL AND MEDICINAL PLANTS** - Come see what our ancestors ate and what they used to cure their ills. Meet at the Open Air Chapel, or main bath house if it is raining.
- 2:00 PM** **SEED RACES** - Wind, water, and animals carry seeds of new trees and plants all across the land. Our "wind" can help too! Meet at the Open Air Chapel to show off your "hot air" and plant some new life. Meet at the main bath house if it rains.
- 3:00 PM** **FOOTPRINTS IN THE SAND** - Come walk along a little beach to read stories in the sand. It's a perfect place for animal tracks! Meet at the main bath house for a short walk
- 4:00 PM** **"ALIENS" AMONG US** - Not creatures from Mars, but non-native plants and animals. Come find out how these "invaders" traveled here, and how they affect our native species. Meet at the main bath house for a short hike.
- 6:00 PM** **JUNIOR RANGERS: TRAIL CLEANUP** - Make our park a healthier environment! You'll make a big difference for our earth, and begin to earn a Junior Ranger badge. Meet at the main bath house. Be prepared to get dirty!
- 7:00 PM** **STORY HOUR** - Evening is a perfect time to share a story! After a busy day enjoying all the excitement of your camping trip, come hear some great children's stories under a big shade tree! Meet at the Open Air Chapel, (or pool entrance if it is raining.)
- 8:30 PM** **NIGHT HIKE TO CHILDRESS TOWN** - It's a whole different world out there at night! Tonight is our chance to explore forest life and visit the ruins of the first settlement in the park, during the dark side of the day. Bring a flashlight and drive to the camper check-in station. We'll carpool to the trail.

THURSDAY, AUGUST 7

- 9:30 AM** **HIKE THE "DARWIN'S REVENGE" TRAIL** - It may have a very strange name, but it is an awesome trail! Come spend several hours in one of the most beautiful and wildest parts of the park. Be sure to wear good walking shoes, comfortable clothes, and bring some drinking water. Meet at the campground check-in station and we'll carpool.

THURSDAY, CONTINUED:

- 10:30 AM** **NATURE GAMES** - Don't miss the natural fun - for the young or the young-at-heart! Meet at the Open Air Chapel for some lively games about our natural world. If it's raining, meet at the main bath house.
- 11:30 AM** **ORIENTEERING & KNOT-TYING** - Come find out about two very useful outdoor skills. Come learn how to use one of the world's oldest and most useful navigating tools. Create some useful and good-looking knots! Then we'll set out on an "expedition" of our own! Meet at the main bath house.
- 1:30 PM** **NATURE DEFENSES** - How do plants and animals defend themselves from weather, from hungry critters, and from other dangers? Let's get a close look at "war" in the natural world! Meet at the Open Air Chapel, or main bath house if it's raining.
- 2:30 PM** **MYSTERY BAG** - Try your hand at discovering some natural textures. See if you can guess which natural object is which. Meet at the Open Air Chapel, or the main bath house if it is raining.
- 4:00 PM** **NATURE CRAFTS** - You can make a friend! Create your own creatures using natural materials. Meet at the Open Air Chapel, (main bath house if rain).
- 6:00 PM** **PAW PRINT NOTE CARDS** - Create your own personalized note cards, using local animal's tracks! Your unique design is only a "footstep" away. Meet at the main bath house.
- 7:00 PM** **MEET THE OWLS** - Meet some real live feathered hunters. Come to the Open Air Chapel and see "whooo..." is waiting for you. If it is raining, meet at the main bath house.
- 9:00 PM** **TENNESSEE WILDERNESS** - Enjoy a slide-illustrated tour of Tennessee's wild, scenic places and the special values they hold. After the slide show, we'll have a demonstration of how to read wildlife signs. Meet at the Open Air Chapel, or pool entrance if it's raining.

FRIDAY, AUGUST 8

- 9:30 AM** **SINKING WATERS RIDGE HIKE** - Explore succession - the changing face of nature - on the first loop of the Sinking Waters Trail. We'll discover the woodlands changing all around us! Drive to the camper check-in station, and we'll carpool to the start of the trail.
- 10:30 AM** **NATURE JOBS** - People have different jobs, and so do animals and plants. In fact, every living thing has a job to do! Let's take a short hike to find out who is "at work" out there. Meet at the camper check-in station.
- 11:30 AM** **LIVING DOWNSTREAM** - We are all downstream of the earth's resources. Enjoy a short walk to see the connections. Meet at the Open Air Chapel, or main bath house if it's raining.
- 1:00 PM** **OLD TIMEY FIRE BUILDING** - The early travelers along the Warriors' Path had no matches, but they sure needed campfires! Learn how they built fires without modern tools. Meet at the campfire circle, east end of the campground.
- 1:30 PM** **SURVIVAL TECHNIQUES** - Learn what you can do if you ever find yourself lost in the wilderness. Meet at the Open Air Chapel, or the main bath house if it is raining.
- 2:30 PM** **ANIMAL TRACK DRAWING** - Learn to "track down" local wildlife. Use your creative skills at the same time! Your unique design is only a "footstep" away. Meet at the main bath house.

FRIDAY, CONTINUED:

- 4:30 PM** **FIELD SWEEP** - This green world at our feet is teeming with amazing life. Help us “sweep up” some field discoveries. Meet at the campfire circle, east end of the main campground.
- 5:30 PM** **RIDGELINE HIKE** - Come hike the high ridges to get a new view of our park. Enjoy the ancient forests, the excitement of wildlife activity, and the peace of the deep green woods. Meet at the camper-check in station, and we’ll carpool.
- 7:00 PM** **TAG** - You’re it! You’re the one we need to make all these great tag games work. Meet at the Open Air Chapel for all kinds of tag games. If it is raining, meet at the main bath house.
- 9:00 PM** **CAMPFIRE** - What a perfect combination: A dark night, a crackling fire, and some local, traditional ghost tales. Meet at the campfire circle, east end of the main campground. If it is raining, we’ll have an indoor “campfire” at the pool entrance.

SATURDAY, AUGUST 9

- 9:30 AM** **DEVIL’S BACKBONE HIKE** -Come hike to the high places, and get some new views of our park land. Drive to the camper check-in station, and we’ll carpool to the start of an invigorating hike.
- 11:30 AM** **CREEK WALK** - Get on your old clothes and tennis shoes. It’s time to explore the cool, clear creek waters. We’ll discover a world of amazing life. Drive to the camper check-in station, and we’ll carpool. Be prepared to get wet!
- 2:00 PM** **NATURE ART** - You’ll be amazed at how creative you can be with nature’s own “crayons”. Meet at the Open Air Chapel to create your own natural masterpiece. If it is raining, meet at the main bath house.
- 3:00 PM** **MOUNTAIN BIKING** - Come ride the park's newest trail! Enjoy the thrills and amazing views from the "comfort" of your bike saddle! Be prepared for some challenging trail riding! Bring your mountain bike, a full water bottle, and your helmet to the camper check-in station. We'll carpool to the trail.
- 6:00 PM** **LEAF RUBBINGS** - Let's "rub up against" some nature discoveries. Create a lasting reminder of nature's amazing textures. Meet at the Open Air Chapel, or pool entrance if it is raining.
- 9:00 PM** **NATIVE TREES** - Enjoy a slide-illustrated talk on our native “woody neighbors.” Come meet some of our oldest and best natural friends. Meet at the Open Air Chapel, or pool entrance if it is raining.

SUNDAY, AUGUST 10

- 9:30 AM** **WORSHIP SERVICE** - Enjoy a peaceful morning worship service at the Open Air Chapel, or at the pool entrance if it is raining. Sponsored by the Colonial Heights Baptist Church.

SPECIAL NOTE: We work hard to make our programs both safe and fun! However, as with any outdoor activity, there is always a risk of personal discomfort or even personal injury. Please use your common sense and care whenever you enjoy activities in the **Great Tennessee Outdoors.**

